

# *Reducing the spread of mosquito borne illness*



*and the diseases they may carry:*



- Please note the following:
- Staff and students should cover their skin with clothing when they are outside and when mosquitoes are active.
- Staff, parents, and students should wear shoes, socks, long pants, and long sleeves outside.
- Staff, parents, and students who decide to apply mosquito repellent should do so before school and after school, but as always before applying mosquito repellent the recommendation is to check with your medical provider.
- Mosquito repellent cannot be brought to school. This applies during regular school hours, summer school, before and after school care programs, summer camp, and school sponsored events and field trips.

Florida Department of Health video link. <http://www.floridahealth.gov/videos/051116-fight-mosquitoes.html>

# Don't let an unwanted guest get under your skin.

Protect yourself from mosquito bites and the diseases they may carry. Stop mosquitoes from living and multiplying around your home or business.



**DRAIN STANDING WATER:** Drain water from garbage cans, house gutters, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.

**DISCARD:** Old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.

**EMPTY AND CLEAN:** Birdbaths and pets' water bowls at least once or twice a week.

**PROTECT:** Boats and vehicles from rain with tarps that don't accumulate water.

**MAINTAIN:** Water balance (pool chemistry) of swimming pools. Empty plastic swimming pools when not in use.

**COVER YOUR SKIN WITH CLOTHING:** If you must be outside when mosquitoes are active, cover up. Wear shoes, socks, long pants, and long sleeves.

**REPELLENT:** Apply mosquito repellent to bare skin and clothing. Always use repellents according to the label. Repellents with DEET, picaridin, oil of lemon eucalyptus, and IR3535 are effective. Use mosquito netting to protect children younger than 2 months.

**COVER DOORS AND WINDOWS WITH SCREENS:** Keep mosquitoes out of your house. Repair broken screens on windows, doors, porches, and patios.

# No deje que un huésped intruso lo moleste y lo pique.

Protéjase de las picadas de mosquitos y de las enfermedades que pueden transmitir. Evite que los mosquitos habiten y se multipliquen en su hogar o negocio.



**DRENE EL AGUA ESTANCADA:** Drene el agua de los contenedores de basura, desagües del techo, cubiertas de piscina, neveras portátiles, juguetes, macetas o cualquier otro contenedor donde se haya acumulado el agua de lluvia o de los aspersores.

**DESECHE:** Llantas viejas, recipientes para agua, botellas, latas, macetas y ollas, aparatos rotos y otros artículos que no se estén utilizando.

**VACÍE Y LIMPIE:** Baños para pájaros y recipientes de agua para mascotas por lo menos una o dos veces por semana.

**PROTEJA:** Botes y vehículos de la lluvia con cubiertas que no acumulen agua.

**MANTENGA:** El balance químico de la piscina. Vacíe las piscinas de plástico cuando no se estén utilizando.

**CÚBRASE LA PIEL CON ROPA:** Si necesita estar afuera cuando los mosquitos están activos, cúbrase. Póngase zapatos, medias, pantalones largos y mangas largas.

**REPELENTE:** Aplique repelente de mosquito en la piel descubierta y en la ropa. Siempre use los repelentes de acuerdo con las instrucciones escritas en la etiqueta. Los repelentes con DEET, el picaridin, el aceite de eucalipto de limón, y el IR3535 son productos eficaces. Use mallas contra mosquitos para proteger a los niños menores de 2 meses.

**CUBRA LAS PUERTAS Y LAS VENTANAS CON MALLAS:** Mantenga los mosquitos fuera de su casa. Repare las mallas rotas en ventanas, puertas, porches y patios.

# Pa kite yon pès nwi sante w.

Pwoteje tèt ou kont piki moustik ak maladi yo kapab pote. Pa kite moustik ni rete ni miltipliye bò lakay ou ak biznis ou.



**DRENNEN DLO DÒMI:** Drennen dlo nan poubèl, goutyè, kouvèti pisin, glasyè, jwèt, potafèl oswa tout lòt respinyan kote dlo pou wouze oswa dlo lapli stoke.

**JETE:** Vye kawotchou, dwoum, boutèy, bidon, po ak kastwòl, aparèy kase ak lòt atik ki pap sèvi.

**VIDE EPI NETWAYE:** Basen zwazo ak abrevwa bèt domestik yo, youn oswa de fwa pa semenn omwens.

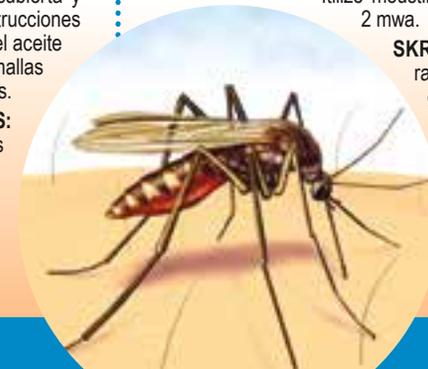
**PWOTEJE:** Bato ak machin kont lapli ak bach ki pa kenbe dlo.

**KENBE:** Konpozisyon chimik dlo pisin yo. Vide pisin an plastik yo lè yo pap sèvi.

**KOUVRI PO W AK RAD:** Si ou dwe rete deyò lè moustik yo aktif, kouvri kò w. Mete soulye, chosèt, pantalon long, ak chemiz manch long.

**SOLISYON KANPE LWEN POU MOUSTIK:** Pase solisyon kanpe lwen sou po w ak rad ou. Toujou itilize solisyon kanpe lwen jan etikèt la di l la. Solisyon kanpe lwen ki fèt ak DEET, ikaridin, esans sitwon ekaliptis, ak IR3535 efikas. Itilize moustikè an til pou pwoteje timoun pi piti pase 2 mwa.

**SKRINE PÒT AK FENÈT YO:** Pa kite moustik rantrè nan kay la. Repare skrin fenèt, pòt, galri ak teras yo.



For more information, visit [www.miamidade.gov/mosquito](http://www.miamidade.gov/mosquito) or call 311