

UM-NSU Miami Lakes Office

Groups We Offer (in addition to regular CARD Services)

<u>Groups</u>

Middle School Teen Time Group: Social opportunity group for registered constituents of CARD that are in Middle School. Group meets every other month. All eligible group members must be screened.

High School Teen Time Group: Social opportunity group for registered constituents of CARD that are in High School. Group meets every other month. All eligible group members must be screened.

Social GAAIN Group: Social opportunity group for registered constituents of CARD that are 18 years and older and that are out of high school. Group meets monthly. All eligible group members must be screened.

Sibling Group: Support group for 8-12 year old brothers and sisters of registered CARD constituents. Group meets monthly.

Job Seekers (Supporting Employment Experience and Knowledge): Series of 3 workshops to improve employability skills for adult constituents of CARD who are no longer in high school. Group focuses on resume building, interview skills, job searching, and other core skills for obtaining and maintaining employment.

Middle School Readiness Boot Camp: Intensive one-week summer camp for registered constituents of CARD that are transitioning to Middle School from Elementary School. This boot camp follows a curriculum that provides the students with the skills needed to transition successfully to middle school.

Parent Support Group: Support group for parents of registered constituents of CARD that provides the opportunity to parents to connect with each other by sharing ideas and asking questions. Group meets monthly and, in addition to support, trainings may be offered as noted below.

<u>Trainings</u>

Parent to Parent Fall Workshops

Understanding the IEP Process

Communicating with Your Child's School